

Year 4 - Families and relationships

Act of kindness	Doing something nice for someone.
Authority	A person with high status and decision making power.
Bereavement	Mourning or grieving somebody who has died.
Bullying	To cause repeated physical or emotional pain to somebody.
Bystander	Someone who watches something happening without getting involved.
Manners	A way of behaving that shows respect for other people.
Permission	Allowing someone to do something once they have asked first.
Respect	Being thoughtful and polite towards other people.
Stereotype	A view or idea about something, often someone, which is often untrue.

Key facts

Different manners are needed in different situations.

Everyone should be respected, especially people who have a position of authority such as police and teachers.



People have different boundaries and we should respect these.

Your body belongs to you and you have the right to decide what happens to it.



Gender stereotypes can have an impact on how people see themselves and what they think they can do.

Families in different parts of the world have different ways of living.

There are different ways we can help people when someone close to them has died.

Getting help

Talk to an adult you trust either at school or at home.

Contact: Childline
www.childline.org | 0800 1111
Calls DO NOT show on the phone bill



How we behave can have a positive impact on other people, for example saying something kind or helping them.



How we behave can have a negative impact on other people, for example saying nasty things or not letting them join in.

Key Learning:

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| 1 | What do mean by respect and manners? Develop an understanding of courtesy and manners in a range of situations. |
| 2 | What does a healthy friendship look like? Begin to understand the physical and emotional boundaries in friendships. |
| 3 | How does my behaviour affect others? Understand that my behaviour can have an impact on others both positively and negatively. |
| 4 | How does bullying impact people? To understand the impact of bullying on all involved and the responsibility of bystanders to help. |
| 5 | Are we influenced by gender stereotypes? Explore gender stereotypes in fictional characters and to think about how these might influence us. |
| 6 | Are there other form of stereotypes? Recognise disability stereotypes and that there are often many factors that affect these. |
| 7 | Are all families the same? Understand that families are very varied, in this country and across the world. |
| 8 | How can we support change and loss? Explore how we can help following a bereavement. |