

PSHRE (Cycle A) | Years 5 & 6 | 2024-25

Citizenship

- What are our human rights?
- What are the environmental issues relating to food and food production?
- How can we show care and concern for others?
- How can we recognise prejudice and discrimination?
- What is the value of diversity in a community?
- How does our national system of government work?

Economic Wellbeing

- How do people navigate their feelings about money?
- How do people keep their money safe?
- What monetary responsibilities are there in secondary school?
- What are the risks of gambling?
- What is a workplace?
- What different career routes are there?

Transitions

- What ground rules should we set for PSHRE lessons? – start of year.
- How can we prepare for and deal with change? – end of year.

Family and Relationships

- What is a respectful, two-way relationship?
- What other people's ideas and attitudes towards stereotypes and how can we challenge these?
- How can we resolve disputes and conflict through negotiation and compromise?
- What processes and emotions are related to grief?

Safety and the changing body

- How do we become critical digital consumers?
- How should we treat online relationships?
- What are the physical and emotional changes of puberty?
- How can we help someone who is unresponsive / choking?

Health and Wellbeing

- How can we use mindfulness to manage emotions?
- Can I plan for a healthy lifestyle?
- What is the potential impact of technology on physical and mental health?
- How can we prevent ourselves and others from becoming ill?
- How can habits be good and/or bad for our health?
- What happens when we are ill and how can we seek support?