


Family and relationships

What is family?

What are friendships?

How can we recognise other people's emotions?

How can we work with others? 

How can we overcome friendship problems?

What are healthy friendships?

What are gender stereotypes?

Citizenship

Why are rules important?

How can we care for others (animals)?

Should we consider the needs of others?

How are we similar yet different?

How can we feel like we belong? 


How can we make democratic decisions?

Economic wellbeing

What is money?

How can we keep money safe?

What is a bank?


Is it important to save as well as spend? 

What different job roles do adults have in school?

Can you describe different jobs out of school?

Health and wellbeing

What are emotions?

What am I like? 

How can we get ready for bed?

How can we relax?


How do germs spread?

How can we stay safe in the sun?

What are allergies?

Who helps us to stay healthy?

Safety and the changing body

Who works at my school and how should I speak to them? 

How should I interact with adults outside of school?

What should we do if we get lost?

How can we make an emergency phone call?

What is appropriate contact?

How can we stay safe with substances?

How can we stay safe at home?

Who helps to keep us safe?

Transition

Is it important to set rules?

What are my strengths? 